

# May 1 – June 30, 2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30 – 7:30	Early Bird	Maintenance	Early Bird	Maintenance	Early Bird	Public Swim 1:00 – 4:30	
7:30 – 8:30	Military		Military		Rentals		
8:30 – 10:00	Rentals						
10:00 – 11:00	Rentals	Parent & Tot	Rentals				
11:00 – 12:00	Rentals						
12:00 – 1:00	Noon Lane & Wading Pool 12:00 – 12:55	Rentals	Noon Lane & Wading Pool 12:00 – 12:55	Rentals	Noon Lane & Wading Pool 12:00 – 12:55		
1:00-2:00	School Rentals						
2:00 – 3:00							
3:00 – 4:00	Swim Lessons						
4:00 – 5:00							
5:00-6:00	Torpedoes 5:15 – 6:30 pm						
6:00 – 7:00	Public Swim 6:30 – 8:00 pm				Public Swim 6:00 – 7:30	Public Swim 6:00 – 7:30	
7:00 – 8:00					Adult Lane 7:30-8:30		
8:00-9:00	Adult Lane 8:00 – 9:00 pm						

**Parent & Tot:**  
Open to parents/caregivers and children ages 5 & under. This swim ends June 30, 2026

**Early Bird:**  
Open to lane swimmers of any age

**Noon Lane & Wading Pool 12:00 – 12:55 pm:**  
Wading pool is open to parents and children 5 yrs. and under. Lane pool is reserved for lane swimmers of any age & water fitness.

**Adult Lane Swim:**  
Open to teens ages 13 yrs. & older on Wednesday, Saturday & Sunday ONLY.

**Dates to Remember**

May 14 & 15: Afternoon Public Swim 1 – 3 pm  
May 18: Closed for Victoria Day  
July 1: Closed for Canada Day  
Aug 3: Closed for Civic Holiday  
Sept 7: Closed for Labor Day

## Age and Height Requirement for Children Swimming Without a Parent

Children must be 7 yrs old and able to rest their chin on the front counter when standing flat foot. If children do not meet the height requirement, they must be able to swim 2 widths.

Anyone who does not meet this requirement must be accompanied by a person who is 16 yrs or older and must always stay within arm's reach.

# July 1 – August 31, 2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30 – 7:30 am	Early Bird	Maintenance	Early Bird	Maintenance	Early Bird	Public Swim 1:00 – 4:30 pm	
7:30 – 8:30 am	Military		Military		Rentals		
8:30 – 12:00 pm	Swimming Lessons						
12:00 – 1:00 pm	Noon Lane & Wading Pool 12:00 – 12:55		Noon Lane & Wading Pool 12:00 – 12:55		Noon Lane & Wading Pool 12:00 – 12:55		
1:00 – 2:00 pm	Swimming Lessons 1:00 – 2:15 pm						
2:00 – 3:00 pm	Public Swim 2:15 – 4:15 pm						
3:00 – 4:00 pm							
4:00 – 5:00 pm	Torpedoes 4:30 – 6:00						
5:00 – 6:00 pm							
6:00 – 7:00 pm	Public Swim 6:00 – 8:00 pm				Public Swim 6:00 – 7:30	Public Swim 6:00 – 7:30 pm	
7:00 – 8:00 pm					Adult Lane 7:30 – 8:30 pm		
8:00 – 9:00 pm	Adult Lane 8:00 – 9:00 pm						

## Learn to swim with the C-Plex

### The C-Plex offers Lifesaving Swim for Life Program

**Aquatot:** For children aged 1- 3 with parent in water \$52.50

**Sea Otter (P1/2):** Children must be 3 yrs. by first day with parent in water or 4 yrs. by first day to swim without parent. \$52.50

**Salamander (P3):** Children must be 4 yrs. by first day and completed Preschool 2. \$52.50

**Swimmer 1 - 4:** \$52.50

**Swimmer 5 & 6:** \$60.00

**Swim Patrol:** \$73.00  
(Rookie, Ranger & Star)

### Private Lesson Prices

**10 Pack Private Lesson:** \$284.50

**3 Pack Private Lesson:** \$94.50

**Single 30 min. Lesson:** \$31.50

### Pre-Lifeguard Courses

**Bronze Star:**  
Taking this course eliminates the age requirement for Bronze Medallion.

**Bronze Medallion:**  
Must be 13 yrs old or have completed Bronze Star. (Please note that swimmers must be 12 yrs and completed Bronze Star to register in Medallion at the C-Plex)

**Bronze Cross:**  
Swimmers must have completed bronze Medallion and have Standard First Aid/CPR-C prior to registration (will need manual purchased in Bronze Medallion)

### Adult Classes

**Adult Stroke Development:**  
For those with basic swim skills and are comfortable in deep water. \$70.50

**Adult Beginner:**  
For the scared stiff beginner and those not comfortable in deep water. \$70.50

**Please review registration policy and cancellation guidelines on back page prior to registering**

# SPRING & SUMMER AT THE C-PLEX

780-842-5508

[cplex@wainwright.ca](mailto:cplex@wainwright.ca)

700-2 Ave

### Spring 2026 Lesson Dates

Set 1	Set 2
Mon/Wed: Apr 13-May 13	Mon/Wed: May 20-Jun 22
Tues/Thurs: April 14-May 14	Tues/Thurs: May 19-Jun 18

### Summer 2026 Lesson Dates

Set 1: July 6 – 17  
Set 2: July 20 – 31  
Set 3: Aug 4 – 14

### Unsure what level your swimmer is in?

Have a swim assessment done. Swim assessments can be done at public swim time. There is no extra fee (only the admission fee to enter the pool). Let the cashier know you want a swim assessment done at time of payment.

## Courts and Weight Room

### Courts

The C-Plex offers Racquetball, Squash and Wallyball (Equipment rental available)

### Hours:

**Mon-Thurs: 7:00 am – 9:00 pm**  
**Fri: 7:00 am – 7:00 pm**  
**Sat & Sun: 1:00 – 8:00**

### Court Fees:

Racquetball & Squash:  
Single admission/per player/per hour

Wally Ball:  
\$20.00/hour

(Not included in Membership)

Memberships & Strip tickets:  
Are good for one-hour court booking for Racquetball & Squash

*Court Admission Fees are on back page*

### Weight Room

The C-Plex has a fully equipped weight room to meet all your cardio and strength training needs.

### Hours:

**Mon-Thurs: 6:30 am – 9:00 pm**  
**Fri: 6:30 am – 7:30 pm**  
**Sat & Sun: 1:00 – 8:30 pm**

\*14 & 15 yr. old must take an orientation prior to accessing the weight room  
\*16 & 17 yr. old's must have parent signed waiver to use the weight room

*Weight Room Admission Fees are on back page*

### Weight Room Orientation

This course will allow those who are 14 and 15 yrs. access to the C-Plex weight room.

Also great for anyone just starting out or needing a refresher.  
Cost: \$61.25

## Pool, Weight Room & Court Admission Fees

SINGLE ADMISSIONS		BOOK OF 10 TICKETS	MEMBERSHIPS*		
			Monthly	Quarterly	Annual
<b>Adult</b> (18 & over)	\$7.25	\$65.25	\$72.50	\$166.75	\$500.25
<b>Jr</b> (6 – 17 yrs.)	\$6.25	\$56.25	\$62.50	\$143.75	\$431.25
<b>Sr</b> (Over 65 yrs.)	\$6.25	\$56.25	\$62.50	\$143.75	\$431.25
<b>Child</b> (1 – 5 yrs.)	\$3.75	\$33.75	\$37.50	\$86.25	\$258.75
<b>Infant</b> (Under 1 yr.)	\$2.25	-----	-----	-----	-----
<b>Family*</b>	\$18.25	\$164.25	\$182.50	\$419.75	\$1259.25

\*Memberships include use of the pool, weight room, racquetball & squash (Wallyball is not included)  
 \*Memberships are non-refundable for any reason and non-transferable  
 \*Family is classified as: 2 parents and 1 or more children OR 1 parent and 2 or more children. Immediate family only. All children must be 17 yrs. or younger

## Benefits of A Membership

1. All Memberships include use of the pool, weight room, racquetball and squash (during scheduled hours) *Please note: **Wallyball and all fitness classes are not included in the membership***
2. Courts: Memberships are limited to one-hour court booking per day for each person playing. If additional hours are required, all players must pay single admission per hour required.
3. The longer you purchase, the bigger your savings.
4. Purchase an annual membership for the most savings! Annual memberships are the cost of 3 quarterly memberships.
5. No sign-up fees & GST is included in all prices

## Books of 10 Tickets

1. Buy 9 get 1 free
2. Tickets never expire
3. Tickets are good for one-time use. *However, plan your work out, squash or racquetball game back to back with any swim time and you can use the pool, weight room and/or courts on one ticket!*

## Walking Track

Spring/Summer Hours  
 Mon—Fri: 7 am — 4pm  
 Closed Sat & Sun

\*Walking track is closed all Stat holidays and during paid events. Additional hours may be available. Please check PMM schedule online at <https://calendar.townofwainwright.intellionline.ca>

## Halls & Meeting Rooms

The C-Plex has a variety of halls and meeting rooms available. We also have audio/visual equipment rentals for your function.

All rentals are made by calling Jaden at Town Office 780-842-3381

### Registration Policy:

Those currently registered in swimming lessons may not register for the next session until they have completed their lessons or checked with their current instructor.

The Wainwright Communiplex Pool reserves the right to open classes only as required and to accept registration for chosen classes only. Available classes must be filled before remaining classes may be opened. Classes will be cancelled if not enough people register at the time. The instructor will indicate any additional award fees.

**NOTICE:** Any missed sessions by the registrant in the programs will not be rescheduled. **This applies to all programs, Swim Lessons & Fitness Classes**

## PMM Climbing Wall

Public Climbing is closed for the season and will reopen October 2026

Rock Climbing Fees	Single Admission	10 Punch Card
One time Climb (Requires Rock Staff to Belay)	\$3.75	\$33.75
<b>Bring your own belayer and pay:</b>		
Adult	\$12.00	\$108.00
Jr/Sr	\$10.00	\$90.00
Family	\$20.50	\$184.50

### Group Rentals:

Starting rate is \$85.50/Hour.  
 (includes the use of equipment)  
 Hourly rates subject to change pending number of climbers

### Rental Guidelines:

- Rentals will be a minimum of 2 hours.
- Minimum of 3 weeks notice must be given for all rentals

**To book your rental call 780-842-5508**

### Swim Lesson Cancellation & Transfer Guidelines

Cancellation and transfers are at the discretion of management and if approved are subject to the following fees:

- Cancel or transfer with more than 3 weeks until start of lessons: \$15 admin fee
- Cancel or transfer with less than 3 weeks until start of lessons: 50% of lesson fee
- Cancel or transfer with less than 1 week until start of lessons: Charged full amount (no refund)

No refunds will be given once 50% of course instruction has been completed. Cancellations with medical certificates are subject to cancellation fees. All transfers are subject to availability.

C-Plex is not responsible for swimmers registered in the wrong level, date, or time.